

Developmental Milestones For Fine Motor & Visual-Perception- 0-12 months

1- 2 months	Retains a rattle when placed in hand Looks at a toy, object, or face Visually tracks toy, object, or face
2 - 4 months	Plays with hands Holds and looks at rattle Reach for objects and bats at objects using arms and hands
6 - 8 months	Transfers toys from hand to hand Reaches for and picks up toys Shakes rattle Bangs cup on table
8-10 months	Claps hands Removes pegs from board Bangs blocks together at midline
10-12 months	Opens book Explores toys Stirs spoon in cup

Developmental Milestones for Fine Motor & Visual-Perception- 1-6 years

12 - 18 months	Imitates a scribble Builds a tower of up to 2-3 cubes Places large shapes (circle, square, triangle) in puzzle with help
18 - 24 months	Makes vertical strokes with crayon Builds tower of up to 6 cubes Places large shapes in puzzle without help
3-4 years	Makes horizontal strokes with crayon Builds a tower of 10 cubes Copies a circle and a cross Begins to cut paper with scissors
5-6 years	Cuts well with scissors Prints name and alphabet Use a key to open a small padlock or door

Developmental Milestones for Self-Care- 0-12 months

1 - 4 months	Bring hands to mouth Sucks hand or thumb to comfort self
4 - 7 months	Retrieves lost bottle or pacifier Helps hold bottle Vocalizes when alone Laughs out loud Has a social smile
7 - 10 months	Works to obtain a toy out of reach Plays peek-a-boo and pat-a-cake Understands “no”
10 – 12 months	Extends toy back and forth Feeds self cookie or cracker Removes both socks Expresses affection toward familiar person (ex: hugs parent)

Developmental Milestones for Self-Care - 1-6 years

13 - 18 months	Feed self with fingers Turn pages in book
18 - 24 months	Feed self well using spoon (by 24 months should feed self with spoon without help) Drink from open mouth cup Be able to take off shoes and clothes Begin toilet training
3-4 years	Dress self completely Complete simple fasteners on clothing: buttons, zippers, & snaps. Be completely toilet trained
5-6 years	Tie shoelaces Brush/comb hair neatly Complete simple household chores Bathe self without help (always supervise children when in water) Prepare simple meal for self independently (ex: sandwich, bowl of cereal)